

TIP OF THE

May 27, 2005

# SWORD

Incirlik Turkey

## Running hard

Incirlik celebrates National Police Week

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## On the cover:

**Staff Sgt. Kyle Erb, 39th Security Forces Squadron NCO in charge of standardization and evaluations, runs in the 2nd Annual Biathlon Ruckmarch as a part of the Incirlik National Police Week activities. Other activities included a bike rodeo, child safety seat checks and retreat ceremony. See related article, Page 6. (Photo by Senior Airman Dallas Edwards)**

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# Memorial Day time to remember

**By Gen. Robert H. "Doc" Foglesong**  
 Commander, U.S. Air Forces in Europe

**RAMSTEIN AIR BASE, Germany (USAFENS)** - Each Memorial Day, Americans set aside time to remember and pay homage to the sacrifices of our nation's fallen heroes. These brave young Soldiers, Sailors, Airmen and Marines dedicated their last full measure of devotion to service before self in order to preserve our freedom.

From the Civil War to today's military operations in Iraq and Afghanistan, these brothers, fathers, sisters and mothers laid down their lives not only for the future of Americans and their families, but to provide freedom and a better way of life for those around the world.

Still today, across the European landscape, you will find proof of the carnage of two world wars. Not far from here in St. Avold, France, is the final resting place for 10,489 U.S. military members who died fighting to liberate that country during World War II. The seemingly endless rows of white headstones, each representing one of our

selfless patriots, serve as a reminder of the enormity of America's loss to ensure freedom on the European continent.

Each year across Europe, our friends and allies join us in memorial services over the Memorial Day weekend to pay homage to the memories of America's heroes. I encourage you to take advantage of the unique opportunity to attend one of these ceremonies.

Above all else - please take the time to reflect and remember. Those that have so bravely gone before us lit the torch. It's our responsibility to cherish our freedom and remember what the flame means as we proudly carry it on.

## A moment to remember

The National Moment of Remembrance is 3 p.m. Monday. Take a moment to remember America's fallen heroes. For more information visit [www.remember.gov](http://www.remember.gov).

# Drive safely through the summer

**Gen. Robert H. "Doc" Foglesong**  
 Commander, U.S. Air Forces in Europe

**RAMSTEIN AIR BASE, Germany (USAFENS)** - Memorial Day weekend marks the beginning of the "101 Critical Days of Summer." Statistically this period, which ends after Labor Day weekend, is a time of increased risk for mishaps and fatal injuries.

Each summer, U.S. Air Forces in Europe members are needlessly injured. In worst-case scenarios, family members and friends are left to mourn the death of a loved one.

During the 101 Critical Days of Summer last year, USAFE experienced one fatal mishap - an off-duty private motor vehicle accident. Although this was a significant decrease from previous summers, the loss of a single life is unacceptable. Such losses affect the community deeply and personally; family members and friends are forced to face the irrevocable end of an enriching and priceless relationship.

Vehicle mishaps are the leading cause of accidental deaths during this timeframe.

The Air Force as a whole experienced 32 fatalities last summer. Of these, 24 involved private motor vehicles. Sadly, investigation and analysis of these events reveals a very tragic aspect - nearly all of them could have been prevented. Controls such as the driver getting the proper rest, reducing their driving speed and refraining from alcohol were either not considered or not applied.

No one is immune to mishaps or the distractions that often precede them. We are all susceptible whether on the job, at home or while traveling. As we enter the 101 Critical Days of Summer, I challenge you to bring your courage and apply appropriate Operational Risk Management to everything you do.

Every USAFE member is valuable, and by taking care of ourselves and our wingman, we can make this summer one that's fun and safe.

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# Airman Information File

May 2005

EDITORIAL

## Advanced Education – You'll Have It Forever

Advanced education is something near and dear to our hearts. The benefits of advanced education are far reaching and deeply impacting. Education is one of the many factors that make America the greatest nation. The United States ranks number one in the world with the highest number of university students. We also spend more money per student on all levels of education than any other country. These two rankings show the emphasis we place on education — we realize its value and back it up with our resources.

There are many individual benefits of an advanced education. It develops skills and knowledge in an area of expertise, but it's much broader than this — it also produces well rounded individuals. Part of the advanced education process is to teach us how to think through problems and where to search for answers. These skills are ultimately more valuable than specific facts we learn in a core area. They can be applied to any area of our life and benefit us no matter what job we move to in the future.

In addition to specific facts and teaching us the process of learning, advanced education exposes us to new and different ideas. We come from different backgrounds and have different approaches to life based on our experiences. As we pursue education, we learn about other cultures, gain new experiences and are able to view things from different perspectives we never would have considered. Oliver Wendell Holmes said, "Man's mind, once stretched by a new idea, never regains its original dimensions." Advanced education

expands our horizons — it widens our intellect.

We place a high importance on advanced education and want to make it as user friendly as possible for everyone in USAFE. We developed the Combat Education program to help every member of the USAFE team take advantage of the benefits of an advanced education. Its goal is to remove the barriers that hinder Airmen from pursuing their educational goals. The military lifestyle and environment we live in isn't always conducive to the pursuit of advanced education. Combat Education eases the burden through innovative and flexible class scheduling. We strive to take the classes to you where you work. The program also increases computer access through Learning Resource Centers throughout USAFE.

Advanced education is a valuable benefit to the individual, to the Air Force and to the nation. Every day is a new opportunity to deepen our knowledge and expand our horizons. The automobile pioneer Henry Ford said, "Anyone who stops learning is old, whether at twenty or eighty." Keep learning and stay young — education is something you'll carry with you forever!



General Doc Foglesong



CMSgt Gary Coleman

**"Bring Your Courage"**

## Clearing the air: Deputy director explains how things work for USAFE Services' 'businesses'

**Col. Dave Howe**

HQ USAFE Mission Support Deputy Director

You may have read a recent *Stars and Stripes* letter to the editor discussing cutbacks of important Morale, Welfare and Recreation services. Let me start off by saying we couldn't agree more with the reader about the vital role Services plays in building our military communities, boosting morale, and providing welfare and recreation for our military members, civilians, and their families. Wrapped into the letter, however, were misinformation and sensationalism on the extent and intent of the financial review of specific Services programs. Here are the facts:

We have 189 "businesses" across USAFE that provide services. Most of these "businesses" provide valuable services and make a profit in spite of drastically increased labor costs. Any profit these Services programs make gets plowed right back into services for our Soldiers,

Sailors, Airmen, Marines, civilians and their families! Fourteen of our 189 "businesses" have been identified for review due to high labor costs, low customer support or poor management. We are reviewing these specific activities to ensure that we use your money in the most efficient and effective manner possible.

These 14 "businesses" lost just over \$1,000,000 during the first six months of Fiscal Year 2005 (1 October 2004-31 March 2005). Twelve of those 14 also lost money in Fiscal Year 2004. That's money that comes straight from our people and their families. These 14 "businesses" were given the opportunity to provide plans to put their activities back on a solid financial footing but have been unable to accomplish that goal.

However, let me make it abundantly clear these cuts are not just about "the bottom line." A significant number of our "businesses" will never make money because the customer base is too small to make a profit, particularly at our

geographically separated units. In many cases we will absorb those losses, in order to retain necessary services. But where the services provided are not critical we must take logical action now or we'll be forced to take catastrophic action later.

Let me address several of the specific issues raised in the letter to the editor.

There is no plan or proposal to close any USAFE youth centers. We have community and youth centers all over Europe that provide a tremendous service to our communities while remaining financially solvent, ensuring we can continue to provide these activities to our communities in the future.

Many of us have our favorite base eating establishments. Not all of them are profitable, and, therefore, take away resources from other Services facilities. For example, one pizza restaurant in the command lost \$38,000 in the first six months of Fiscal Year 2005. This loss simply cannot

See **Services**, Page 4

## COMMANDER'S

### COMMENTS



By Col. Robert Suminsby  
39th Air Base Wing vice commander

### Memorial Day

Memorial Day is more than just a long weekend to kick off the summer—it is a time for all of us to remember those who have made the ultimate sacrifice in service to our nation. I encourage everyone to participate in the National Moment of Remembrance at 3 p.m. Monday. Take this opportunity to remember our fallen brothers and sisters in arms, appreciate their sacrifice, and reflect on the freedoms they secured for us with their lives.

### Local Protests

If you have followed local papers, you know that the announcement of the Cargo Hub operation has put Incirlik in the news much more than usual. Because of this higher profile, there have been a number of protests recently, usually at the intersection of “the

alley” and the E-5 highway. When these events occur, it may be necessary to put some areas off limits to ensure none of our personnel stumble onto a situation that could turn dangerous. Keep an eye on the Commander's Access Channel and an ear on AFN-Incirlik for announcements of protests and restrictions before you head out anywhere, things can change from one moment to the next. Plan ahead, and be flexible. If you are in doubt of what is going on call the Public Affairs Office at 6-6060 or the Anti-terrorism and Force Protection office at 6-6657 or the law enforcement desk at 6-3200. As always, if you see anything suspicious or find a protest forming leave the area and call the LE desk to report the information.

### Force Protection

Another long weekend is upon us and I encourage you to get out and enjoy Turkey, absorb some of the culture and, most importantly, do so safely. Remember to dress conservatively and ensure if you are taking a road trip, your vehicle is tuned and you are prepared for changing conditions on the roads.

Also, have an emergency plan, just in case. As part of that plan, have an emergency kit in your vehicle, which includes a first-aid kit, water and blankets.

Someone in your chain of command should know your itinerary and how to con-

tact you, you should know how to dial emergency numbers when off base. Never travel alone.

In case of an emergency while off base dial 112 for an ambulance, 154 for traffic police and 155 for police emergencies. Have a great weekend!

## Commander's Action Line program

The Action Line program provides an avenue for the Incirlik community to voice their concerns, complaints and opinions to Col. Michael Gardiner, 39th Air Base Wing commander.

The program should only be used after trying to resolve the issue through the proper chain of command. Submit Action Lines by e-mailing [action.line@incirlik.af.mil](mailto:action.line@incirlik.af.mil) or calling the 39th Public Affairs Office at 6-6060. Concerns will be edited to 300 words or less. Questions and responses may be printed in the *Tip of the Sword*.

## Services

Continued from Page 3

be tolerated when there are more than 15 other eateries at this particular base.

Another comment in the letter suggested the value added tax program might be in jeopardy. Quite the contrary — USAFE recently took the initiative to lower the costs of the forms for the vast majority of our population in order to make the program more accessible to our community at large.

The writer went on to sensationalize the issue by writing “Picture a military community without a community center, bowling center, Outdoor Rec, Youth Center...” To the contrary, I ask the reader to imagine a military community that not only provides these services but does so in a profitable manner or incurs minimal losses so money is generated to improve established services, facilities and equipment. It isn't a question of how many bowling centers, community centers, or eateries a base has, the issue is, how many can the community afford to support well.

Thank you for this opportunity to clear the air. We stand committed in USAFE to providing quality services to our people and to insuring these services are managed effectively and efficiently — so that we ALL benefit!



Photo by Tech Sgt. William Gomez

### Raise a hand and save a life

Senior Airman Churyl Liston, 39th Medical Squadron Aerospace Medical Service, demonstrates on Staff Sgt. Todd Boren, 39th Security Forces Squadron member, how to keep an extremity elevated to reduce bleeding during the “Readiness Machine” May 16 through 18 exercise as part of the bandages & splints briefing.

# Living as tree huggers?

## *A little bit of environmental care goes a long way*

**By 1st Lt. S.J.B. Bryant**

39th Air Base Wing Public Affairs

I do not set up house in the rainforest like some environmental activists or spend hours chained to a great Redwood in protest to people who want to cut them down. Truth be told, I am not really the outdoorsy type. I do not like to get dirty and sweaty nor do I like bugs and jumping critters. But I still proclaim to be a tree hugger because I do my part in little ways to protect as much of the environment as I can.

The idea behind Earth Day began in 1962 – years before I was born – by Senator Gaylord Nelson, who persuaded President John Kennedy and Attorney General Robert Kennedy to tour the United States giving “enlightenment” to the nation about conservation and environmental issues. He proved that one person can make a difference.

At Incirlik, celebrating Earth Day meant planting trees at Arkadas Park during the Spring Fling festivities April 23. If, like me, you did not get to participate in Earth Day activities, it is not too late. Try some of the things I do.

- ♦ **Paper:** My co-workers laugh at me as I print on both sides of paper before recycling it. But did you know, according to the American Forest and Paper Association, Americans have recycled 48 percent of used paper in 2002, up from only 33.5 percent in 1990. That is an increase of more than 18 million tons. After I use both sides of the paper, I shred the paper to make piñatas. (NOTE: Do not try this with sensitive or classified material. Just trust me here.)

- ♦ **Magazines:** I subscribe to online magazines when they are available. If not, I ensure I give them to friends or the library for others to read. Better yet, I send them to deployed troops so that my money is well spent and I boost the morale of our fighting forces.

- ♦ **Household products:** I spend about \$10 more per month on chemical-free, all-natural home cleaning products, detergents and gardening supplies. Sure, it costs a little more but it sends a powerful message that we need to watch what we feed Mother Earth. At my house, I might not always remember what I ate for breakfast but I know what I fed the Earth and it was not junk food.

- ♦ **Gifts:** Plant a tree seedling on momentous occasions instead of giving gifts. It may seem cheap to you, but it might mean the

world to others. I planted a tree when my son was born and every now and then, we go to Alabama to “visit” it.

- ♦ **New car smell:** I have had the same car for 10 years because it runs well and gets me where I need to go. More importantly, I own the same car because it takes 39,090 gallons of water to manufacture a new car and 2,072 gallons to make four new tires not to mention all the oil, fuel and steel used to run the machines that make that new car smell. Besides, who am I trying to impress anyway?

- ♦ **Where’s the beef?:** I am sure not everyone will rush to become a vegetarian after finding out it takes a gallon of water to process a quarter pound hamburger. But, if it makes you reconsider that salad, which takes less water to produce, my job here is done. The fitness monitors can thank me later.

Although Turkey is in the beginning stages of a recycling program, there are still things we can do to help now. Such as ...

- ♦ **Recycle computers, cell phones and other electronics** by donating them to local charities or even the base school. You can also donate these items through online collection points like [www.donateaphone.com](http://www.donateaphone.com) or [www.wirelessfoundation.com](http://www.wirelessfoundation.com). Check with the legal office first to make sure you donate properly.

- ♦ **Stop junk mail** from entering your postal box, the official document center personnel will thank you for it. Whenever you donate money, order a product or fill out a warranty card, write in large letters, “Please do not sell my name or address.” Most organizations will note this in the computer and abide by your wishes. If they do not, send a postcard or letter to Mail Preference Service, Direct Marketing Association, P.O. Box 643, Carmel, N.Y. 15012-0643 and include your complete name, address, zip code and a request to “activate the preference service.” For up to five years, this will stop mail from all member organizations that you have not specifically ordered products from.

Environmental ignorance is not bliss. Did you know there are recorded documents citing toxicologists in early Greece and Rome? Since the dawn of mankind, humans have known how to use and protect the Earth. Many choose to impart that wisdom while some choose to ignore it. Earth Day gives us an excuse to practice good “environmental hygiene” once a year. But we should set an example and be good to the Earth all year.

## YOUR TURN

**Memorial Day honors the men and women who have given their lives in service to our nation.**

**How do you honor these fallen heroes?**

“I take time out of the day to think about the men and women who have made the ultimate sacrifice for our freedom.”



– **Tech. Sgt. Douglas Jarman**, 39th Communications Squadron

“I was in the honor guard and we would try to find a military member’s grave so we could honor them during ceremonies”



– **Senior Airman Nathaniel Lacy**, 39th Logistics Readiness Squadron

“I send cards to my father, stepfather and brother, all who have served in a war, to say thank you.”



– **Staff Sgt. Adena Eberhardt**, 728th Air Mobility Squadron

“Usually I say a prayer for those who have fallen to protect our country and I respect every veteran I meet throughout the year.”



– **Senior Airman DelMario Watts**, 39th CS

“I serve my country as a way to honor the people who have died for freedom.”



– **Senior Airman Angela Swinney**, 39th Medical Squadron

To submit a question for “Your Turn,” call 6-6060 or e-mail [tip.sword@incirlik.af.mil](mailto:tip.sword@incirlik.af.mil)



# Incirlik celebrates National Police Week

Incirlik celebrated National Police Week this week with a number of activities designed to involve the community.

National Police Week has focused on a variety of social and crime related topics since its inception. Over the last several years, the main purpose of Police Week has been to forge stronger partnerships between policing services and the communities they serve.

Some of the activities 39th SFS organized included a bike rodeo where bicycles were checked for safety items and registered with the 39th SFS to help with recovery if they get stolen.

They also sponsored the second annual Biatholon Ruckmarch Tuesday morning. Participants went on a road march with a weighted rucksack and fired the M-16.

President John F. Kennedy designated May 15 as Peace Officer's Memorial Day and that week as National Police Week in 1962, according to the Concerns of Police Survivors website.

National Police Week has been celebrated in Washington D.C. every year to honor those who serve as law enforcement officers. It pays tribute to fallen officers and makes citizens of America aware that every 53 hours another law enforcement officer gives his or her life for the their respective communities.

Further, as part of the Violent Crime Control and Law Enforcement Act of 1994, President Bill Clinton signed a law directing the flag of the United States on all government buildings be displayed at half-staff on May 15, National Peace Officers' Memorial Day.

Due to mission requirements, the 39th Security Forces Squadron

celebrated National Police week a week late. (Courtesy 39th Security Forces Squadron)



Photo By Senior Airman Dallas Edwards

Peter Sheairs, 39th Security Forces Squadron personnel security, gives Alexis Erb, 9, some pointers on how to keep her bicycle safe during the Bike Rodeo held Tuesday as one of the National Police Week activities.



Photo by Tech. Sgt. William Gomez

## Developing NCOs

Master Sgt. Garvis Leak, 39th Mission Support Group Commander's Support Staff superintendent, instructs Staff Sgt. Carrie Williams, 39th MSG resource advisor, (left) at the NCO Development Course. The course was designed to help NCOs who have been out of professional military education for an extended period of time keep their skills sharp.

## USAFE units capture AF Outstanding Unit Award

**RAMSTEIN AIR BASE, Germany (USAFENS)** — The Air Force Outstanding Unit Award has been awarded to the following 14 U.S. Air Forces in Europe numbered units and their subordinates:

4th Air Support Operations Group and 7th Weather Squadron, Campbell Barracks, Heidelberg, Germany

**39th Air Base Wing, Incirlik Air Base, Turkey**

48th Fighter Wing, Royal Air Force Lakenheath, England

85th Group, Keflavik Naval Air Station, Iceland

31st FW, Aviano AB, Italy

702nd Munitions Support Squadron, Buechel AB, Belgium

703rd Munitions Maintenance Squadron, Volkel AB, Netherlands

Headquarters, 3rd Air Force, RAF Mildenhall, England

65th Contracting Squadron, Lajes Field, Azores

65th Medical Support Squadron, and 65th Medical Operations Squadron, Lajes Field

424th Air Base Squadron, RAF Fairford, England

422nd ABS, RAF Croughton, England

The AFOUA is given for accomplishments of a national or international significance which clearly set the unit above and apart from similar units for meritorious service.

The inclusive award dates for Incirlik are July 15, 2002 through Oct. 31, 2004.

For more information on this award, contact the military personnel flight at 6-3280.

# General Moseley nominated for CSAF

By Master Sgt. Mitch Gettle  
Air Force Print News

**WASHINGTON** — The president announced May 16 his nomination of Gen. T. Michael Moseley as chief of staff of the Air Force to succeed Gen. John P. Jumper who has served in the position since September 2001.

"I am deeply honored and humbled to have been nominated to serve as the next Air Force chief of staff," said General Moseley, Air Force vice chief of staff. "This is a challenging as well as an exciting time for our service and, if confirmed by the United States Senate, I look forward to this next opportunity to continue to serve the Air Force, the 'joint team' and our great nation.

"General John Jumper has set the highest standards for our service as we've conducted operations with our joint and coalition partners in the (war on terrorism) and other contingency situations around the world," he said. "I'm committed to maintaining those same standards as we meet future challenges with the remarkably talented Airmen and civilians on our total force team."

General Moseley entered the Air Force in 1971 and has commanded a fighter weapons instructor course, an operations group, a wing and a numbered air force. He also commanded the U.S. Central Command Air Forces and served as the Combined Forces Air Component Commander for operations Southern Watch, Enduring Freedom and Iraqi Freedom.

"I'm pleased that President Bush has nominated General Moseley to be the next Air Force chief of staff," said Michael L. Dominguez, acting secretary of the Air Force. "As his nomination is considered by the Senate, I'm completely confident that he'll lead our Airmen with the same vision and passion he's shown as a superb vice chief of staff. General Moseley is immensely talented and his leadership will help guide America's Airmen as part of the joint



Photo by Master Sgt. Jim Varhegyi

Air Force Vice Chief of Staff Gen. T. Michael Moseley answers questions during a hearing of the Senate Armed Services Subcommittee on Personnel about the Air Force's policies and programs for preventing and responding to sexual assault.

warfighting team. I know he will build on the extraordinary accomplishments of General Jumper, who has magnificently led the Air Force for the past four years."

Some of General Moseley's previous Pentagon assignments include serving as director of legislative liaison for the secretary of the Air Force; deputy director for politico-military affairs for Asia/Pacific and Middle East, the Joint Chiefs of Staff; and chief of the Air Force general officer matters office.

General Moseley is a command pilot with more than 2,800 flying hours, principally in fighter aircraft. He has received numerous awards for his military service including the Defense Distinguished Service Medal, the Distinguished Service Medal, Defense Superior Service Medal with oak leaf cluster and the Legion of Merit with oak leaf cluster.

General Moseley earned his undergraduate and masters degrees in political science from Texas A&M University. He completed Squadron Officer School, Air Command and Staff College, and National War College.

General Moseley's nomination has been sent to the Senate for confirmation.

## 50th anniversary coins and lithographs available



Incirlik's 50th Anniversary Committee Community is selling coins and lithographs to help raise money for the upcoming celebration. Both coins and lithographs are \$10 and are limited in number. To purchase either, contact 1st Lt. Sabra Bryant at [sabra.bryant@incirlik.af.mil](mailto:sabra.bryant@incirlik.af.mil) or 6-5791.

## IN THE NEWS

### Power outage

There are power outages from 8:30 a.m. to 4:30 p.m. Wednesday at the Child Development Center, Library and Shoppette and June 3 in dormitory buildings 894 and 896. This is to assist with the project to repair electric distribution systems. For more information, call Sabahattin Celik at 6-8020 or 6-6570.

### Promotion ceremony

The 39th Air Base Wing promotion ceremony is 2 p.m. Tuesday at the Incirlik Consolidated Club Complex. For more information, call Senior Master Sgt. Bernard Sims at 6-8102.

### General Court Martial

A general court martial will be held at 8:30 a.m. Wednesday at the 39th Air Base Wing Staff Judge Advocate's office in Building 833. There is limited seating and no standing allowed. For more information, call Tech. Sgt. Rosene Goods at 6-6800.

### Crime buster

The Air Force Office of Special Investigation investigates a wide variety of serious offenses that undermine the mission of the U.S. Air Force or the Department of Defense. Information can be provided anonymously. To share information about offenses, call 6-6488.

### Hostile fire pay

All military members on leave, permissive TDY or TDY for one calendar month or more will not receive hostile fire pay or combat zone tax exclusion. For more information, call the finance office at 6-3606 or e-mail [39cpts.customerservice@incirlik.af.mil](mailto:39cpts.customerservice@incirlik.af.mil).

### Storknesters

Civilian storknesters that request a travel advance prior to departure need to submit a DD 1351-2 and DD 1351-3 for meals and lodging. Travel vouchers must be approved and signed by the 39th Medical Squadron prior to submitting to finance. For more information, call 6-6306 or e-mail [39cpts.customerservice@incirlik.af.mil](mailto:39cpts.customerservice@incirlik.af.mil).



# Library brings magic to many

## *Dragons, dreams, daring deeds await at base resource*

By 1st Lt. S.J.B. Bryant

39th Air Base Wing Public Affairs

It appears everywhere. It creeps into the strangest places like the nooks of the Auto Hobby Shop and crannies of the Hodja Inn. It magically appears all around base and yet never leaves its home.

The base library is not a building housing books. It is one of the most valued resources on base, according to senior leadership. And no longer is it merely filled with books and periodicals. Today's base library is filled to the brim with CDs, videos, DVDs, books on tape, maps, magazines and computers not to mention the 19,412 books.

Books may be the key factor of a library but it is more of a resource that a "place," said the base librarian, Carol Arvin. It is a resource that ensures the education community has free internet research sites to conduct school work. It provides copies of the National Automotive Dealer's Association to people who want to buy or sell automobiles at Incirlik.

It processes more than \$10,000 worth of magazine subscriptions for offices on base or else units would not receive Airman Magazine, Air Force Times or Stars and Stripes as well as how-to material for the AHS, biking magazines for outdoor recreation and traveling periodicals for the Hodja Inn.

"All these publications make Incirlik even better," said Ms. Arvin. "For example, lodging gets decorating and customer service ideas from their subscription of travel magazines while people can use the 'how-to' manuals the auto shop gets from us to fix their cars."

The library also saves people money by purchasing rites to various research internet sites and allows those who sign up for the service free access. Sites such as Jane's, the Library of Congress and First Search charge fees to download or use the sites. This often equals a savings of more than \$100 in online subscription fees.

"For a college or high school student, research can get expensive," said Ms. Arvin, who credits volunteers as well as full- and part-time employees for the work continuing to ensure the educational and research needs of the community are met. "Even the University of Maryland University College uses our library to conduct classes. So we are saving people even more money. All they have to do is ask to use the service and we sign them up. It is that easy."

Outside the library building, many offices and units benefit from the services it provides. But inside the building is where the magic really begins, said Ms. Arvin. Inside is where the library hosts a plethora of events for all ages.

With summer coming soon and children out of school, she wants to remind everyone of the annual reading program registration begins June 1 with the program officially beginning June 21. This year's theme is Dragons, Dreams and Daring Deeds and is open to children in grades kindergarten through 12.

Also available for children in this age range is the We the People Bookshelf on Freedom. This program seeks to inspire youth to learn to love reading by offering certificates and prizes for completing certain age-appropriate books. For the littlest tikes, the year-round children's story hour is more than a story read to children ages 3 to 5. It also offers a snack and the chance for participants to make a craft pertaining to the story they just heard. Seating is limited, so come early to get a good spot on the carpet.



Photo by Senior Airman Dallas Edwards

Diane Rinehart, Incirlik library worker, checks out a book to Ken Rosenquest, a military family member. Any Department of Defense Identification Card holder can use the resources available at the library located between the community center and the child development center in Building 968. To learn more about library programs, call 6-6759.

"This is one of the most popular programs here," said Dianne Rinehart, Children's Story Hour coordinator. "We have between 10 and 20 children attend every week."

For the young-at-heart, there is the Book Club in a Box. This program provides 10 copies of the same book to any individual who wants to host a book club. It also provides discussion questions and tips on running a club.

Not dedicated enough to read an entire book by the pool in a day or two? Ms. Arvin suggests joining the online book club. Each day, a five-minute portion of a pre-selected book will be e-mailed to participants so that by the end of the week, two to three chapters are read and before long, the entire book.

"It is often more reasonable in this age of multi-tasking, for people to get away for a few minutes rather than devote a large block of time to reading," said Ms. Arvin.

"On average, there are between 80 and 260 people who visit the library every day," said Ms. Arvin. "We are open seven days a week to everyone – American and Turkish are welcome. In fact, we have one of the largest collections of Turkish books, written in English, in the country."

Participating in library events can be magical for many reasons, said Ms. Arvin. Reading and visiting the base Project Wizard headquarters (otherwise known as the library) not only broadens the mind but can also earn Extreme Summer points. For example, children who participate in story hour can earn 50 points while adults who participate in the Book in a Box program can earn 100, she concludes as she finishes speaking and picks up her favorite book to finish reading.





## Ask MEHMET

By Mehmet Birbiri, Host Nation Adviser

### Market Madness

**Question:** Mehmet, I have been to and heard of a few markets in Adana that follow a theme like the Egyptian and the Ladies market. I was wondering what other markets there are and what types of things I might find at them? I mean an Egyptian market in Adana surprises me a little. Also how did these markets come to be?

**Response:** There are several markets with different or strange names. Each market has its characteristic features and sells certain items. Some of those markets are open only on certain days of the week while others are open on week days.

The Ladies Market, *Kadınlar Pazarı*, is set up by women and they sell goods they made at home. People can get things like sheets, bed spreads, towels, curtains, napkins, pillow cases, bags and any other garment to be used in the house. Of course they all have different designs and colors. You can also find glasses and vases painted by skillful women. There are also dried flower arrangements the ladies sell as well. In addition, you will see quite a few women cook and sell unique Turkish food that you cannot find in restaurants.

Ladies market is Saturdays on Gazipasa Boulevard in and around the children's play ground, near the Burger King in Adana.

Rich People's Market, *Sosyete Pazarı*, is about one year old in Adana. It started in Istanbul first.

Vendors collect product overage from very fancy shops in Istanbul and sell them cheaply at the street market in Ulus, a sophisticated district in Istanbul. Due to huge differences in cost, some famous movie and TV stars have started to become regular customers of that market. It has become so popular that people from cities around Istanbul started to go.

Imitating the same concept, some vendors did the same thing in Adana. Thus, Adana has its *Sosyete Pazarı* every Saturday.

It takes time and patience to find the high quality garments among the regular ones



Courtesy photo

There are a number of markets in the local area for people to shop at. The Sunday market in Incirlik Village is just one place to purchase spices, household items and food.

sold in that market which is set up along the eastern side of the street after the bridge and Galleria.

Egyptian Market, *Misir Carsisi*, is quite interesting. It gets its name from the Egyptian Market in Istanbul, but has no relation to it. The one in Istanbul mainly sells spices and dried food. In Adana you can find electronic products brought from Far East. TV sets and cell phones, batteries, kitchen ware, porcelain, toys, plastic flowers, shoes, clothing, tea, coffee, tobacco, cigarettes, alcoholic beverages, video games, DVDs and VCDs can be found here.

The shops in that market are so tiny and lined next to each other that most of time you do not know which stand belongs to which shop. The market is enclosed and at night the entrance is locked.

It first started in a small street about 20 years ago. In time, neighboring streets were added and it has become so famous and popular that anybody who comes to Adana from neighboring cities visit the *Misir Carsisi*. The streets are so narrow and connected to each other like a labyrinth that many times I find myself in another street and have difficulty locating a shop I want to go. For that reason I recommend you not to go by yourself. It is in old Adana, on Saydam Street, south of the Small Clock Square.

Whoever you ask will navigate you directly to it.

Even if you do not need to buy anything, it is very interesting to see. The attachments to that market adopted middle eastern names, such as *Beirut Market*, *Baghdad Market*,

*Aleppo Market ... etc.*

Next week there will be more information on other markets in Adana.

## In Turkish

**Pazar - Sunday**  
(pah - zaar)

**Pazartesi - Monday**  
(pah - zaar - teh see)

**Sali - Tuesday**  
(sah - le)

**Carsamba - Wednesday**  
(char - sham - bah)

**Persembe - Thursday**  
(pehr - shem - beh)

**Cuma - Friday**  
(joo - mah)

**Cumartesi - Saturday**  
(joo - mahr - teh - see)

*Do you have a question about something Turkish? Ask Mehmet. To submit a question, call 6-6060 or e-mail mehmet.birbiri@incirlik.af.mil.*

# New Year, New You, Part V

## *Bikinis, books, budgets all the rage for summer*

By 1st Lt. S.J.B. Bryant  
39th Air Base Wing Public Affairs

The carefree days of summer are coming. Pool parties are abundant, vacations are being planned and barbecue grills are heating up. On the flip side, pool parties can dip into study time, vacation budgets do not always work out as planned and too many burgers are bad for the buns. How are all the aspects affecting the New Year, New You participants?

Forget pool parties and being lazy in the summer sun, Senior Airman Jason Procaccino, 39th Security Forces Squadron pass and registration clerk, will be cramming for exams and doubling up on classes.

"I will probably keep it the same as now – taking two or three classes a term – because I have been able to handle it pretty well," he said. "If anything I might take one more class and knock out a couple of College Level Examination Program tests, too since I am so close to my Community College of the Air Force degree."

Throughout the summer, the education office will be assisting students in registering for the summer session, also called Term V. The education office can help with the first step of educational in-processing with the school, signing up for classes, applying for tuition assistance and other financial aid and general education counseling.

"If I continue knocking out classes they way I have been doing for the last couple of months I will definitely have my Bachelor's degree by April 2007," he said "That would be a four-year degree completed in two and a half years."

It takes dedication to stick with a program while others are hitting the beach, socializing with buddies and enjoying the warm weather. But for Airman Procaccino, the rewards far outweigh the sacrifices he will be giving up.

Spending the summer studying and cramming for finals is sort of what 2nd Lt. Rebekah Greenwood, 39th Communications Squadron Aerospace Communications and Information Expertise lieutenant, and her husband, Staff Sgt. Jared Greenwood, 39th Logistics Readiness Squadron vehicle maintenance quality assurance evaluator, have been doing the past five months. They have been enrolled in the Financial Peace University program sponsored by the base chapel. The Greenwoods have been studying the FPU budgeting material and cramming for their real-life final examination – financial peace.

"To date, we have paid off more than \$11,000 dollars worth of debt and brought my credit plus score up 90 points," said Lieutenant Greenwood, who admits they still have a ways to go to reach their financial freedom goal because they accumulated a lot of debt when Jared was in the pay grades of E-1 to E-4 and Rebekah did not work. "But we are sticking to the plan which is to have everything paid off

### Diets through the years

Fad diets aren't anything new. Here are just a few from the past:

**1864**, London casket maker William Banting advocates the first "low-carb" diet

**1890**, San Francisco art dealer Horace Fletcher preaches the health benefits of prolonged chewing recommending people chew each bite until it becomes liquid

**1938**, Helen Rubenstein creates the first Grapefruit Diet

**1967**, Dr. Irwin Stillman advises to "eat fat, to lose fat" but dies of a heart attack in 1975

**1977**, Daniel Abraham launches a diet milkshake that promises quick weight loss until 59 people die causing the government to pull the drink from shelves (Slim Fast later rebounds in the 1980s)

**1981**, Judy Mazel pens "The Beverly Hills Diet," which advises a diet of papayas, pineapples and bananas

in less than two years then start investing. It has been hard because we have been swamped with work and I am taking classes toward my graduate degree in information systems management."

All that hard work and determination cannot go unrewarded so Lieutenant Greenwood treated herself to a china set she always wanted and Sergeant Greenwood bought a new softball bat he had been eying for a while. Many financial experts agree that sticking to a plan and achieving goals does nothing if people financial "starve" themselves and do not reward themselves – even slightly – for their accomplishment. They said that you get discouraged and easily backslide into old habits.

Old habits are hard to break but new habits are not that hard to begin says Martha Valdez of the Health and Wellness "Big Loser" team, Cuttin' Up. Team members also include Senior Master Sgt. Donald Byars, 39th Manpower and Organization chief; Master Sgt. Robert Rochester, MO superintendent; Staff Sgt. Trish Keen, MO analyst; and Staff Sgt. Anndee Williams, PERSCO member.

"The whole goal behind getting a team together was to increase our exercise and eat healthier," said Ms. Valdez. "I rarely exercised before but now I love to jump on an exercise trampoline."

Ms. Valdez credits her weight-loss to new healthy eating habits and exercise regime. Her new habits are shared by team member, Sergeant Keen, who lost 12 pounds and feels better about the upcoming bikini season.

"I know I have more to lose," said Sergeant Keen. "But at least I will look better in a swimsuit."



Combat Proud focuses on improving the appearance of U.S. Air Forces in Europe bases to foster pride and productivity.

People can take part by keeping their office and building grounds clean and well

maintained.

For more information or to report an area that needs improvement, call the Combat Proud Hotline at 6-PROUD or e-mail [combatproud@incirlik.af.mil](mailto:combatproud@incirlik.af.mil)



## THE INCIRLIK GUIDE

### Diving course

A diving course is taught Tuesdays, Thursdays, Saturdays and Sundays. Discounts are offered for groups of more than five people. For more information, call outdoor recreation at 6-6044.

### Youth center activities

The Incirlik Youth Center offers **Triple Play** from 3 to 5 p.m. Tuesdays. This class teaches youth how to live a healthy lifestyle, build social skills and improve physical fitness.

The base **youth summer camp** is June 20 through Aug. 26. Registration is in progress for ages 5 to 12 (must have completed kindergarten).

A **skate board clinic** taught by a professional athletic instructor is June 13 to 17 at 5 p.m. at the youth center for ages 10 to 16. For more information, call the Youth Center at 6-3246 or 6-6670.

### Swimming Pool

Guests at the Hodja Inn can get a **guest pool pass** for \$1 per day billed directly to their room. Sign up for this upon check in.

The first session of **swimming lessons** begins June 20. There are four sessions running through Sept. 2.

**Pool passes** are on sale at the pool. Individual passes are \$30 per month and \$100 for the year. Family passes are \$40 per month and \$135 for the year. Aqua aerobics passes are \$30 per month. Day passes are \$2 for ages 1 to 12 years old and \$2.50 for those older than 12. For more information, call the pool at 6-3442.

### Women's Soccer

The base women's soccer team meets 2 p.m. Sundays at the high school soccer field. Anyone who wants to learn or play can attend. For more information, call Stephanie Martin at 6-6810.

### Bingo

Bingo is open to all club card holders over 18 years and older Wednesdays in the club ballroom. Card sales start at 5 p.m. For more information, call the club at 6-6101.

## WARRIOR OF THE WEEK



**Senior Airman Randy Haithcock**

425th Air Base Squadron  
Commander's Support Staff

**Time in service:** Three years

**Hometown:** Lynchburg, Va.

**Time on station:** Six months

**Hobbies:** Sports, school and hanging out with friends

**Why did you join the Air Force?** To better myself and the educational benefits are

pretty good too.

**What do you like the most about Izmir?**

We are very close knit community.

Everyone knows everyone and we look out for one another.

**How do you contribute to the mission?**

I perform personnel actions for all Air Force members assigned to the 425th Air Base Squadron, NATO Joint Command Southeast and six tenant organizations.

**What Air Force core value best describes you?**

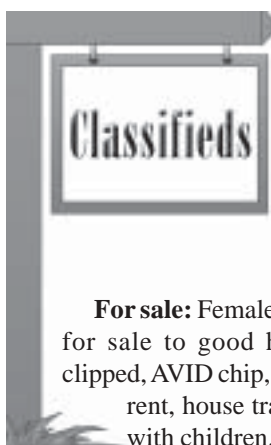
Integrity First – It's always best to just tell the truth

**Supervisor's quote:**

"Supervisors are lucky when they have young airmen they can train, respect and trust on 'auto pilot,'" said Tech. Sgt.

L'Tanya Williams, NCOIC, 425th Air Base Squadron Commander Support Staff.

"Everyday he demonstrates he is the one to count on for any task with his wealth of knowledge and experience."



**Yard sale:** A yard sale is 8 a.m. to 1 p.m. June 4 at 3119B Silifke. Items for sale include baby, clothes, baby items, furniture and music.

**For sale:** Female Jack Russell Terrier for sale to good home. Spayed, tail clipped, AVID chip, rabies and shots current, house trained and wonderful with children. Due to work schedules and having second baby on the way, we do not have enough time or room for her. Also included: two kennels, leash, dog bowls and food. \$400 OBO. For more information, call 6-5150 or 0537-747-7804.

**For sale:** 1992 Chrysler Grand Voyager, 3.3l 6 cylinder, tires/battery less than one year old, A/C, power locks, seven passenger, ABS. BB \$1,645 - asking \$1,300. For more information, call Jeremy Sutfin at (work) 6-6078/8310 or (home) 6-2165 or e-mail at sutfinj@incirlik.net.

**For sale:** Red 1994 Mitsubishi Mirage, great second car, \$1,200 OBO. For more information, call Shawn or Zeynep Messer at (work) 6-3265 or (home) 6-2147.

**For sale:** 1999 Yamaha YZF-R1, red with powder coated frame, extremely low miles and in great condition. \$5,500 or best offer. For more information, call Antonio at 6-2304.

**For Sale:** 1993 Honda Civic hatchback, Japanese Specs, air conditioning, CD, new tires, \$4,000 OBO. For more information call Chad at 6-5875

**For sale:** Black 1991 Alpha Romeo 164, V-6, 205 HP. Fully loaded, car alarm, JVC stereo w/ remote and 10-disc CD changer in trunk. Beautiful condition. Must see! \$3,500. For more information, call Chris at (work) 6-8066 or (home) 6-2157.

**For Sale:** 1984 Mercedes 240SE, straight six and automatic transmission — well maintained. New tires, CD player, seat heaters and air conditioning. Selling for \$2,000. For more information, call William Harlan at 6-6363.

**Instructors needed:** The community center is looking for experienced piano instructors. For more information, call Nerissa Atkisson at 6-1032.

**Needed:** Person who knows how to set up home wireless network (peer-to-peer). Please call Jeremy Sutfin at (work) 6-6078/8310 or (home) 6-2165 or e-mail at sutfinj@incirlik.net.

**Position available:** Embry Riddle Aeronautical University is seeking individuals with a master's degree or higher who would like to earn additional income teaching. Areas of interest include management, human resources, international affairs and public safety. Schedules are flexible. For more information, call Richard Todd at 6-1098.



Photo by Airman Dawn Duman

## No hoops needed

(Left to right) Candy Porcil, Asia Porcil and Diana Casey perform a traditional hula during the Asian/Pacific American heritage month celebration May 14 at Arkadas Park. The festival featured a number of entertainers, authentic foods from Asia and the Pacific Islands. Nearly 300 people from the Incirlik community attended the party.

## COMBAT, SPECIAL INTEREST PROGRAM

### Project Wizard

The Incirlik library has a selection of books on Cappadocia and other travel destinations in Turkey. For more information, call 6-6759.

### Combat Education

Embry-Riddle Aeronautical University is registering people for Aviation and Aerospace Systems Analysis Methods, Aviation Legislation, Transportation Principles and Aviation Labor Relations. For more information, call 6-1098.

For information on University of Maryland University College call 6-6367. For information on Central Texas College call 6-8399.

### Crossroads Café

The Crossroads Café is closed for the Memorial Day weekend. For more information, call Staff Sgt. Diana Garvey at 6-6441.

### Combat Touch Happenings

The chapel is making a pilgrimage of the Apostle Paul's first missionary journey in early July. For more information, call Chaplain (Capt.) Dallas Little at 6-6441.



### AT THE OASIS

#### Today

**7 p.m. – Beauty Shop (PG-13)(1st Run)** – Starring Queen Latifah and Alicia Silverstone. Gina Norris is a long way from the Barbershop - she's bought a rundown salon and inherited a motley group of head-strong stylists, a colorful clientele, and a sexy piano-playing electrician. It's a rocky road to fulfilling her dreams, but you can't keep a good woman down. (105 minutes)

**9:15 p.m. – Cursed (PG-13)** – Starring Christina Ricci and James Brolin. Ellie and her brother, Jimmy, are on their way home when they get into a car accident. Both end up scratched and possibly bitten by a "huge man-like wolf." When they begin noticing strange physical effects and behavior they begin to wonder if a werewolf has bitten them. (96 minutes)

#### Saturday

**5 p.m. – The Pacifier (PG)** – Starring Vin Diesel and Brad Garrett. An undercover agent fails to protect an important government scientist and then agrees to look after the man's five out-of-control kids when they are suddenly thrust into danger. (91 minutes)

**7:30 p.m. – Beauty Shop (PG-13)(1st**

**Run)** – Starring Queen Latifah and Alicia Silverstone. (105 minutes)

#### Sunday

**7 p.m. – Cursed (PG-13)** – Starring Christina Ricci and James Brolin. (96 minutes)

#### Thursday

**7 p.m. – Million Dollar Baby (PG-13)** – Starring Clint Eastwood and Hilary Swank. Frankie Dunn is a veteran boxing trainer who has devoted his life to the ring and has little to show for it. Then, Maggie Fitzgerald enters his life and announces she needs a trainer. Finally won over by her determination, Frankie takes on Maggie. (133 minutes)

### AT THE M1

**Star Wars Episode III: Revenge of the Sith (PG-13)** — 11 a.m., 12:30 p.m., 2 p.m., 3:30 p.m., 5 p.m., 6:30 p.m., 8 p.m., 9:30 p.m. (150 minutes)

**Kingdom of Heaven(R)** — 12: 15 p.m., 3:15 p.m., 6:45 p.m., 9:30 p.m. (145 minutes)

Movie listings are subject to changes. On-base listings are courtesy of the Army and Air Force Exchange Service Web site at <http://www.aafes.com/ems/euro/incirlik.htm>; M-1 listings are courtesy of the Tempe Cinemaxx Web site at [www.tepecinemaxx.com.tr](http://www.tepecinemaxx.com.tr). For more Oasis information and updates, call the movie recording at 6-6986 or the theater office at 6-9140.